



**CLC Weekly Update - In-Person Worship
July 9th at 9:30AM**

WORSHIP WITH US

6th Sunday after Pentecost

**First Reading: Zechariah 9:9-12
Psalm 145:8-14**

**Second Reading: Romans 7:15-25a
Gospel: Matthew 11:16-19, 25-30**

Pastor Erin Evans preaching

**Christ Lutheran Church
917 Evergreen Avenue, Millvale, PA 15209
Phone 412-821-4300 ~ Fax 412-693-9742
CLC Website: <https://www.clcmillvale.com/>
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In the neighborhood...
For good.



Come
to me,
all you
that are
weary

MATTHEW 11:28



The mystery of God's ways is sometimes hidden from the wise and intelligent. Jesus associates with those often excluded from the religious community. Like Paul, we struggle with our own selfish desires and seek God's mercy and forgiveness. We gather to be refreshed by Christ's invitation: "Come to me, all you that are weary." Gathered around word, water, and meal, we find rest for our souls. ~

Visit Us at CLCMillvale.com

Welcome to Church!

Join us after worship July 9, 16, 23, and 30th for an informative and informal look at Lutheran Church Basics.

For visitors, new members, life-long Lutherans and anyone in between. Coffee and light snacks provided.



Evangelical
Lutheran Church
in America

*Catechism and
Sacraments
Church History
Denominational
Differences
Worship and
Liturgy*



St. Luke's Cemetery

Est. 1867

Do you have a plot at St. Luke's Cemetery on Martha Ave or have loved ones buried there? Would you like to receive annual news about the cemetery, or help us care for the property?

Christ Lutheran, Millvale has managed the cemetery since St. Luke's, Bauerstown closed. We were not given complete records for deed holders. Please reach out to the church via email or phone to let us know and help us get our contact list up to date!

Email at: ChristLutheran917@gmail.com

Phone: 412-821-4300

Remember to see the Synod Assembly Report from Diane Curry and Emily Kosovo in your CLC Weekly Update!

Visit Us at CLCMillvale.com



better together

2023 SOUTHWESTERN PENNSYLVANIA SYNOD ASSEMBLY

In the same spirit of "Better Together" Synod Assembly Worship featured not one, but three excellent preachers.

Each focused on one of the scriptures chosen for worship, and each is worth a listen!

For pictures and video of worship go to:

<https://www.swpasynod.org/stories/sermons2023>

In case of emergency....

Did you know we have an emergency defibrillator? It's on the wall, near the office and food pantry check-in table.

Did you know we have Narcan available? With the first aid kits in the narthex and in the office too!



Sunday School Field Trip to Mad Science



We had such a great time - thank you to the parents and grandparents that helped make it happen!

Our "**Mad Scientist**" host showed us a variety of experiments from ethanol rockets, to dry ice bubbles, exploding Coke and Mentos, chemical reactions, physics, and more!

We played with atoms, kinetic sand, lots of building blocks. We also got popcorn, lemonade, and cotton candy!

Next month we'll get together for a Sunday School Service Project!

Visit Us at CLCMillvale.com



- Christ Lutheran Church**
917 Evergreen Ave Millvale
412-821-4300 to inquire



Tiny coloring pages available in the Playground in the side aisle.



Mondays and Fridays from 9:30am to 11:30am, and on Wednesdays from 5pm to 7pm.

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“Ask The Pastor”

NEW QUESTION and ANSWER!

Submit an anonymous question in the offering plate, and you might get your question answered in the Weekly Update! Have a Bible question? A Church question? A burning query about what the number of candles means and why? *Ask away!*

You asked, I'll answer!

Question: How does the church decide which readings to do every week? Do they rotate every year or so? Do certain churches focus on different disciples' perspectives or is it up to the pastor?

Answer: Good questions! Most mainline denominations follow the Revised Common Lectionary. (RCL) This provides a three-year series of readings for Sunday, with the first Sunday of the church year being the first Sunday of Advent. For each Sunday and festival, three readings and a psalm are suggested and include: a Gospel reading, an Old Testament reading, and a New Testament reading. The lectionary comes from an ecumenical consultation of liturgical scholars and denominational representatives from the United States and Canada.

Each year of the Revised Common Lectionary centers on one of the synoptic Gospels — Matthew, Mark and Luke. The Gospel of John is read periodically in all three years and is especially frequent in Year B.

This provides a framework that structures our worship life together around the calendar of the church, and prevents the subject of preaching from being totally at the discretion of the pastor.

continued

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“Ask The Pastor”

While it is far from the entirety of scripture - using the RCL gives a wide variety of texts, forcing preachers to go beyond just what they'd like to preach about or want to talk about.

However it's not mandated, and many congregations find sermon series to be a helpful interjection and change of pace particularly during the long summer months when you find yourself celebrating the 74th Sunday after Pentecost.



Pastor Erin



I wish to thank everyone for showing their support and offering their prayers for the time I have been laid up! They have been most appreciated and welcomed.

Thanks to all!

Joe Imhoff

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A Gift of Rest

When very young children are tired, they sometimes get cranky. Because they are still learning to interpret how they feel, they don't yet know that in order to feel better, they need to get some rest. They just know that something is not right.

Adults are not always a whole lot better about getting the rest we need. Even if we try, we have organized our society in ways that make rest seem like a luxury. We don't make sure that workers have enough time off, or even enough hours to sleep. We don't feel like we deserve a break if we haven't gotten enough work done. Even when we have the time, chronic uncertainty and anxiety can rob us of rest.

In the Bible, rest is more than just necessary—it's good. And it's more than just good—it's holy. It's right there in the Ten Commandments: everyone gets a day of rest. Jesus continues in that tradition by promising rest. Jesus doesn't say he will teach his followers how to rest, or give them a way to earn rest, or tell them where to find rest. He says, "I will give you rest" (Matthew 11:28). He also promises to carry the burdens that make rest seem all but impossible. For Jesus, rest is not a luxury—it's a gift!

When we take time to rest, or make it possible for others to rest, we are not being lazy, self-indulgent, or wasteful. Instead, when we value rest, we are joining in Jesus' own work. We are being the body of Christ for ourselves and our neighbors. And when even that is too much for us to manage on our own, still Jesus promises to give us the rest we need. ~

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Upcoming Commemorations



**Benedict of Nursia, Abbot of Monte Cassino,
died around 540**

Tuesday, July 11, 2023

Benedict is known as the father of the Western monastic movement. Educated in Rome, he went to live as a hermit, and eventually gathered a community of monks around him. He wrote a rule for living in monasteries that is used by Benedictines and adapted by others.



**Nathan Söderblom, Bishop of Uppsala, died 1931
Wednesday, July 12, 2023**

A winner of the Nobel Prize for peace for his efforts to unite peoples after the First World War, Söderblom also called attention to the revival of early church worship principles, and helped to lay the groundwork for the World Council of Churches.

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ONLINE



SCAN ME



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