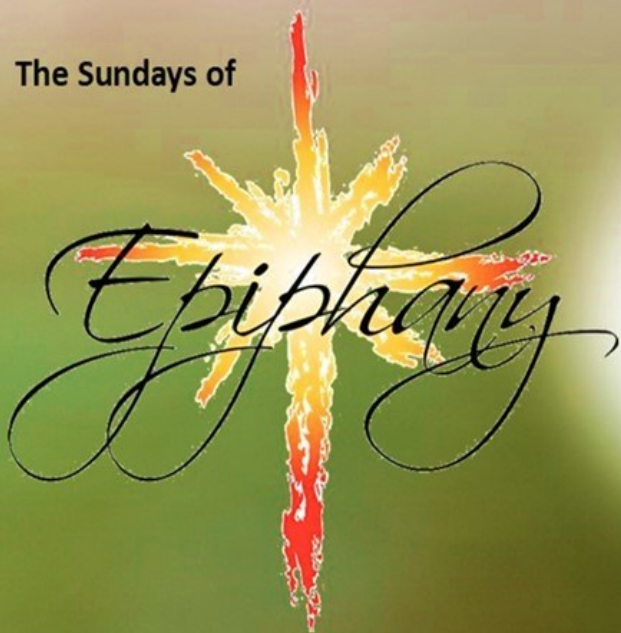




The Sundays of



Christ Lutheran Church

917 Evergreen Avenue, Millvale, PA 15209

Phone 412-821-4300 ~ Fax 412-693-9742

CLC Website: <https://www.clcmillvale.com/>

Youtube: clcmillvale Twitter: ChristMillvale

Facebook and Instagram: #CLCMillvale

Email to: ChristLutheran917@gmail.com

Ash Wednesday Service



WEDNESDAY, FEBRUARY 14 AT 7:00PM
HOLY COMMUNION WITH
IMPOSITION OF ASHES

Visit Us at [CLCMillvale.com](https://www.clcmillvale.com)



February 4 at 9:30AM

In-Person Worship

WORSHIP WITH US

5th Sunday after Epiphany

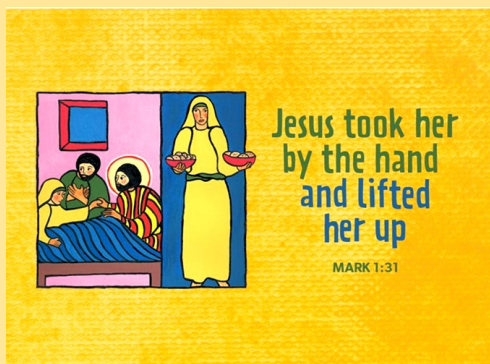
First Reading: Isaiah 40:21-31

Psalm 147:1-11, 20c

Second Reading: 1 Corinthians 9:16-23

Gospel: Mark 1:29-39

Pastor Erin Evans preaching



In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer. ~

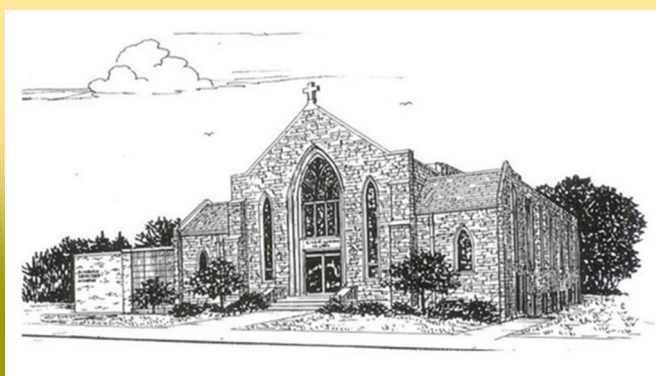
Visit Us at CLCMillvale.com



ASHES TO GO

I will be present in the community on Ash Wednesday, Feb 14th from 12-1pm, near the corner of Grant and Sherman, for **"Ashes To Go"**. I'll have a table and two chairs, ashes, prayers, and info for people who ask about our church programs. I can pray with people, hear confession, hear laments, answer questions, and make a connection. Here's what others have said about **Ashes to Go**...

- **Ashes to Go provides a connection point for those who are unable to attend a regularly scheduled Ash Wednesday service.** Maybe they have small kids with bedtimes, or don't drive after dark, or have scheduling conflicts. **Ashes to Go** provides a meaningful rite that fits with the schedule people have, rather than the one we wish they had.
- **Ashes to Go provides an approachable option** for those who are unwilling to attend a regular Ash Wednesday service. People who have experienced trauma in church settings or who feel unwelcome in their home congregation may be hungering for an option like this.
- **Ashes to Go offers a meaningful interaction that some might even prefer.** Even when the encounter moves very quickly, there's more time for individual prayer, ministry, and connection than there is during the imposition of ashes that happens in a regular Ash Wednesday service.



CLC Annual Report of the Congregation 2023

See your Weekly Update to Download and View.

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Lenten Wednesdays: Spiritual Drumming

SPIRITUAL DRUMMING

After the popularity of our Lenten Wednesday Evenings last year, we've decided to do it again! Pastor Erin and Pat Bauer will again lead **Spiritual Drumming on Wednesdays in Lent at 7pm.** This 45 minute experience will combine open-ended questions and prayers, with short readings and blessings, as we drum together.

Drumming has been used in nearly every faith for the purpose of experiencing the sacredness of God. The earliest music one experiences is the heartbeat of their mother. The simple heartbeat is the sound of the universe – the sound of life. Drumming is a time-honored method of uniting people, and the power of drumming multiplies on many levels in a group of drummers. Share in the prayers and rhythmic energy of the drum as we lift our prayers up to God. No previous music experience is necessary, and drums will be provided.

February 21 and 28 and March 6 and 13. ~

In case of emergency....



Did you know we have an emergency defibrillator? It's on the wall, near the office and food pantry check-in table.

Did you know we have Narcan available? With the first aid kits in the narthex and in the office too!

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**SOUPER
BOWL!**

**ARE YOU
TEAM TOMATO
OR TEAM CHICKEN
NOODLE??**

TWO FAVORITES FACE-OFF!

**BRING YOUR SOUP TO CHURCH ON
FEBRUARY 11TH AND THE TEAM WITH
THE MOST CANS COLLECTED WINS!**



CLC FOOD PANTRY
Donations are requested for

SOUP

The Food Pantry is Open Mondays and Fridays from 9:30am to 11:30am, and on Wednesdays from 5pm to 7pm.

Visit Us at [CLCMillvale.com](https://www.clcmillvale.com/)

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<https://>

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5TH SUNDAY AFTER EPIPHANY

A Fiercely Tender Love

Think of a lioness; perhaps you've seen one in a nature documentary. Her power is palpable, even through the TV screen. She is strong and fierce, able to expertly take down prey and defend her pride from danger. She is also gentle, grooming her tiny cubs carefully in the afternoon sun. With the same strong jaws she is able both to kill an enemy and to carry her young gingerly by the scruff of their neck. Jesus' power is something like that: just as mighty as it is tender.

Jesus casts out demons relentlessly. In a single evening, he exorcises an entire city's worth! Jesus' power over the demons is so complete that he doesn't even permit them to speak. What are the demons in your own life, or in your community? What forces seek to dominate or control? What systems cause hurt or destruction? Out of God's great love for us, Jesus grapples with each and every source of pain, oppression, and suffering in the world.

With that same power, Jesus gently lifts Simon's mother-in-law by the hand, and her fever is gone. In a tender bedside moment, she is healed personally, intimately, and completely. This woman, ordinary and unnamed in Mark's gospel except by her relation to her son-in-law, is still not so unimportant as to escape Jesus' notice and care. And neither are we.

Jesus bathes us in the waters of salvation and defends us from danger. He feeds us at the table of mercy and carries us tenderly into abundant life. We are protected, healed, and loved by the One who created the cosmos, who possesses power to destroy any earthly power, yet who "gives power to the faint, and strengthens the powerless" (Isaiah 40:29). Like cubs learning from their mother, we rise and follow so that our lives might show forth that same fiercely tender love. ~

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This Week at CLC:



Sunday

February 4 -

8:30am Sunday School

CLC Sunday Worship Service at 9:30am

Monday

February 5 - 9:30-11:30am Food Pantry

3:45-6:15 Violin, 5-6 TOPS Club

6-7 Tai Chi, 6:30-8pm ESL.7-9 Pain Clinic

Tuesday

February 6 - 9am to 3pm 412 Food Rescue

6-8pm Violin

Wednesday

February 7 - 4-8pm Anchorpoint Community Counseling, **5-7pm FOOD PANTRY**

6:30-8pm ESL Tutoring, **6-7pm Choir Practice**

Thursday

February 8 - 6pm ESL Tutoring ,

6:30-7:30pm Boy Scouts Pack 162

Friday

February 9 - 9:30 to 11:30am FOOD PANTRY

7pm NA meets in the Library

Saturday

February 10 - 9am AA meets in the Library

7pm NA meets in the Library

Sunday

Transfiguration of Our Lord

February 11 - 8:30am Sunday School

CLC Sunday Worship Service at 9:30am

February						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

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Upcoming Commemorations

The Martyrs of Japan, died 1597

Monday, February 5, 2024

Christianity was brought to Japan in the sixteenth century by Jesuit and Franciscan missionaries. The religion was suppressed, however, and in 1597 twenty-six missionaries and converts were crucified. Nevertheless, Christianity survived and later prospered.



Scout Sunday

God Bless our Scouts.

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**The Lord bless you and
keep you.**

**The Lord make his face
shine on you and be
gracious to you.**

**The Lord look upon you
with favor and give you
peace. ✝**



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Pastor Erin Evans: displays for CLC Weekly Updates, Heading Logo-In the Neighborhood (In the Neighborhood LOGO Blue Variations_background SeekPng.com_vector-shapes-png_524200) Christmas background: Merry Christmas_7943487_Image by Freepik, Souper Bowl, Food Pantry Updates, Ash Wednesday, Annual Report et al.

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Cout Sunday: Boy Scouts_Scout Sunday_clipart1878713_ClipArtMax

A Fiercely Tender Love: NicePng_sick-person-png_3870867

Commemorations: Martyrdom-of-Paul-Miki-and-Companions-in-Nagasaki Created circa 1635 Martyrs of Japan - Wikipedia

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**ONLINE
GIVING**



SCAN ME



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